



Uka Tarsadia University
Maliba Pharmacy College
Dr. Chunibhai Vallabhbhai Patel College of Pharmacy
Report on Sport's festival
Skylark 2025

Date: 07th to 10th March 2025

Venue: Maliba Pharmacy College & Cricket ground

Time: 9:00 am to 5:00 pm

Total No. of Participants: 312

Event Coordinator: Mr. Rahul Jha, Ms. Anjali Patel, Mr. Hiren Rathod, Ms. Nikita Desai

Program objective:

1. To support the physical, mental, and emotional well-being of students through active participation in sports.
2. To encourage physical activity that improves health and stamina among students and faculty.
3. To provide an outlet for stress relief and enhance emotional resilience.
4. To improve concentration, cognitive skills, and discipline, indirectly contributing to academic success.
5. To cultivate important life skills such as teamwork, leadership, time management, and sportsmanship.
6. To strengthen bonds among students, faculty, and staff by engaging in shared activities outside the classroom.
7. To provide a platform for students to showcase and refine their sports talents in a competitive but supportive environment.
8. To ensure participation from a wide range of stakeholders including B.Pharm, M.Pharm, Pharm D students, faculty, staff, and lab assistants.
9. To underline the significance of sports in both personal and professional development.

Program outline: Inauguration by chief guest, welcome address by dignitaries, motivational speech highlighting the importance of sports, declaration of sports week open, participation in team and individual sports events, active involvement of faculty and staff, and celebration of sportsmanship through award distribution and closing remarks.

List of Participants: All the students of MPC and DCVPCP from B.Pharm, M.Pharm, PharmD courses as well as research scholars and faculty members.

Total Participants: 312 Students

Female: 120

Male: 192

Sports play a significant role in the holistic development of students, contributing to their physical, mental and emotional well-being. Engaging in sports enhances physical fitness, reduces stress, and fosters emotional stability. It also positively impacts academic performance by improving concentration, sharpening cognitive skills, and promoting discipline. Beyond physical benefits, participating in sports and extracurricular activities instills vital life skills such as teamwork, leadership, time management and sportsmanship, preparing students for success in various aspects of life.

In recognition of the importance of sports, Maliba Pharmacy College and Dr. Chunibhai Vallabhbhai Patel College of Pharmacy jointly organized a vibrant and joyful celebration of Skylark-2025. The event, held from January 7th to January 10th, 2025, brought together students and faculty to celebrate the spirit of sportsmanship and competition.

The grand inaugural ceremony was hosted at the MPC Square ground and events was inaugurated by proud alumnus, Mr. Bhumini Pathak. Dr. Pranav Shah, Academic Head of Maliba Pharmacy College, joining them were Dr. Ashish Mishra, Principal of Dr. Chunibhai Vallabhbhai Patel College of Pharmacy, and Dr. Shailesh Shah, Principal of Maliba Pharmacy College. The event was attended enthusiastically by students, faculty members, and staff, creating a lively and energetic atmosphere.

During the ceremony, Dr. Ashish Mishra delivered an inspiring speech highlighting the value of sports in personal and professional life. He emphasized the importance of cultivating sportsmanship, discipline, and resilience, qualities essential for overcoming challenges in life. Following his motivational address, Dr. Ashish Mishra officially declared the sports week open on the morning of January 7th, 2025.

The event witnessed enthusiastic participation from students across various programs, including B. Pharm, Pharm D., and M. Pharm. Faculty members, staff, and lab assistants also joined in, contributing to the camaraderie and competitive spirit that characterized the event. The sheer joy and determination displayed by participants were truly inspiring, as they gave their all in various sports and games.

Skylark-2025 served as a platform for students and faculty to bond and collaborate outside the classroom, strengthening the sense of community within the campus. It also allowed talented players to showcase their skills and refine their techniques in a competitive yet supportive environment. The active involvement of faculty members added a unique charm to the event, demonstrating the importance of leading by example and fostering teamwork across all levels.

The sports event featured a range of exciting competitions across both team and individual categories.

Team Games: Table Tennis, 800-Meter Relay Race, Cricket, Kho Kho, Kabaddi, Volleyball, Dodgeball, Tug of War, Badminton (Doubles), and Football.

Individual Games: 200-Meter and 400-Meter Races, Chess, Carrom, Badminton, Arm Wrestling, Deadlift, Table Tennis, and the prestigious "Athlete of the Year" challenge.

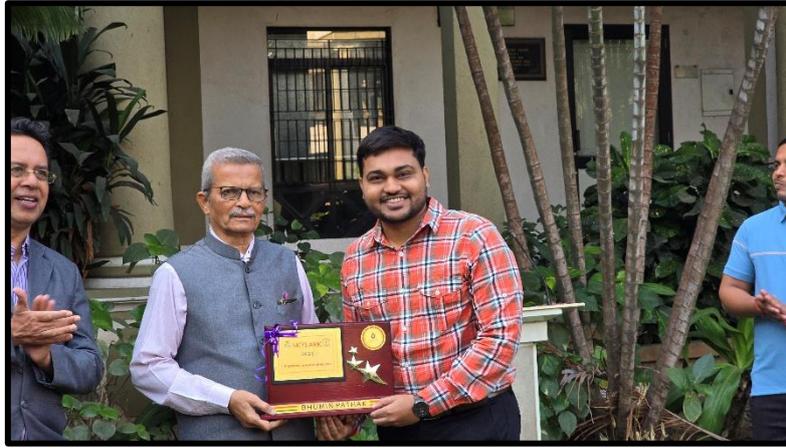
The event not only celebrated sports but also highlighted its transformative power in shaping well-rounded individuals. The sight of students and faculty sweating it out, striving for victory, and cheering each other on was a testament to the unifying power of sports. Events like Skylark-2025 remind us that sports are not just about winning but also about learning, growing, and building lifelong memories. Overall, Skylark-2025 was a resounding success, leaving a lasting impact on everyone who participated. It underscored the importance of sports as an integral part of education and life, fostering growth, resilience, and community spirit among students and faculty alike.

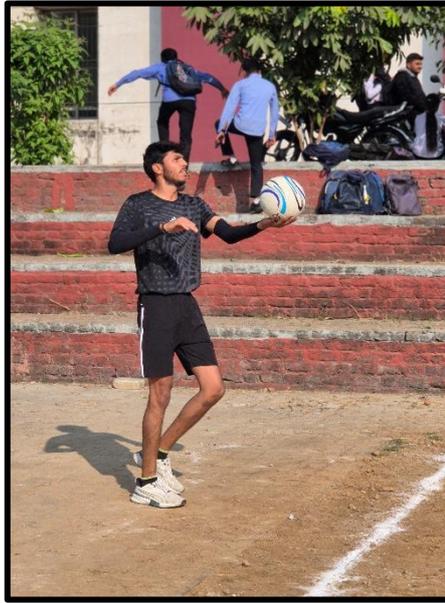
Result sheet

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Glimpse of the events





Program outcome:

1. Students experienced improved fitness, reduced stress, and greater emotional resilience through active sports participation.
2. The event fostered essential skills such as teamwork, leadership, time management, and discipline among participants.
3. Interaction between students, faculty and staff during the event promoted unity, collaboration, and a stronger sense of belonging.
4. The event provided a platform for students to showcase their athletic skills and rewarded excellence in both academic and extracurricular areas.

Concluding remarks: As we bring the Skylark 2025 sports festival to a close, let us take a moment to reflect on the powerful role sports play in shaping our character, building resilience, and fostering unity. Over the past few days, we've celebrated not just competition and athleticism, but also teamwork, determination, and the spirit of togetherness. This event concludes with a renewed appreciation for the values sports instil and the vibrant campus culture they help create.

Prepared by: Mr. Hiren Rathod

Date: 18/02/2025

Signature of Principal:

- 1) Dr. Shailesh A. Shah, Principal, Maliba Pharmacy College
- 2) Dr. Ashish D. Mishra, principal, Dr. Chunibhai Vallabhbai Patel College of Pharmacy